

**Palliative Care Council of South Australia Inc
Inaugural Palliative Care Awards 2009 – Citations List**

Name of Award	Award Winner	Citation
<p>Media Award To recognise the most compassionate reporting of a palliative care issue</p>	<p>Mr Matthew Abraham ABC Radio 891</p>	<p>Matthew was selected for this award for his ongoing support of palliative care and the Palliative Care Council. He seeks clarification on palliative care issues and assists with promoting issues and events.</p>
<p>Employer's Award To recognise the most supportive employer of an employee facing the loss of a loved one due to a terminal illness</p>	<p>Mrs Lisa Cockington Regional Director of Community & Primary Health Care Programs, Port Pirie Regional Health Service</p>	<p>Lisa was selected for this award for her support of staff facing the death of a family member, both personally and through her leadership in the organisation. Processes have been put in place to ensure shifts are covered, and co-workers are given opportunities to provide additional support.</p>
<p>Family Caregiver Award To recognise the most outstanding informal caregiver</p>	<p>Ms Tania Swansson</p>	<p>Tania cared for her eldest daughter as she slowly declined and eventually died from a rare liver cancer. She overcame her fear of needles to honour her daughter's wish to die at home, juggling the needs of two other children as a single parent. She has just published a book "My beautiful Kaisha: A journey I'll never forget" to share her experiences with others.</p>
<p>Volunteer Award To recognise the most outstanding volunteer in either a hospice/acute care setting or community</p>	<p>Mrs Helen Doley Resthaven Inc</p>	<p>Helen has been a volunteer with Resthaven for 16 years in a number of roles including palliative care support. Helen's dedication to palliative care extends to seeking out education/training opportunities and becoming a member of the Palliative Care Council. Helen was selected for this award primarily for her extraordinary contribution to the care of aged care residents at the end of life.</p>
<p>Aged Care Award To recognise the most outstanding application of palliative care provided by an organisation or an individual in an aged care setting</p>	<p>Resthaven Inc</p>	<p>Over the last couple of years Resthaven has undertaken to embed a palliative approach into the entire organisation, including developing resources, improving systems, recruiting and training volunteers, and improving services by auditing existing practices against the National Standards.</p>
<p>Palliative Care Research Award To recognise the most outstanding research that has changed outcomes positively for dying South Australians or their carer and families</p>	<p>Network Facilitator Project Chief Investigator: Prof David Currow</p>	<p>This project investigated the role that networks play in the capacity of informal/family care givers to take care of both the dying person and themselves. A Network Facilitator assessed carers' needs, helped them identify and utilise their networks, and mobilised formal resources when personal networks were inadequate. Carers involved in the project greatly appreciated the attention and additional support. The project has provided a model for improving the capacity of family carers. This project received four nominations.</p>
<p>Palliative Care Team Award To recognise the most outstanding care provided to patients, carers, families and/or friends</p>	<p>Complementary Care Team Southern Adelaide Palliative Services</p>	<p>This team is comprised of professional complementary therapists who provide their services voluntarily to clients and their families, including bereaved carers. The provision of complementary therapy such as massage in a safe, relaxing and nurturing environment is of physical, emotional and spiritual benefit.</p>

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<p>General Practice Palliative Care Award To recognise the general practitioner or practice nurse who provided accessible, clinically appropriate and compassionate care to their patients, and their carers and families</p>	<p>Dr Don Hemer Flinders Clinic, Oaklands Park</p>	<p>Don was selected for this award for his knowledge and practice of good palliative care in community settings, including nursing homes. He has assembled and led multidisciplinary teams to help clients have their end-of-journey at the place of their choice, without resorting to admission to acute care. He always puts the needs of the patient and their family first. Don received two nominations.</p>
<p>Palliative Care Medical Practitioner Award To recognise the most outstanding palliative care medical practitioner</p>	<p>Dr Karin Myhill Senior Consultant Psychiatrist, Southern Adelaide Palliative Services</p>	<p>Karin has established a unique program at SAPS to ensure psychosocial issues are identified and managed. Karin is also actively involved in managing the most complex of cases, in both acute care and home settings. Karin received two nominations.</p>
<p>Palliative Care Nurse Award To recognise the most outstanding palliative care nurse</p>	<p>Ms Karen Glaetzer Nurse Practitioner, Palliative Care, Southern Adelaide Palliative Services</p>	<p>Evidence of Karen’s outstanding dedication to palliative care is:</p> <ul style="list-style-type: none"> • her continuing education/training to improve her own capacity and develop new services; • her involvement with Palliative Care Nurses Australia; • her participation in national policy development forums; and • her dedication to patients and their families, and to her nursing colleagues.
<p>Palliative Care Allied Health Care Award To recognise the most outstanding allied health professional</p>	<p>Ms Christine Boreham Palliative Care Equipment Services Case Manager, Southern Domiciliary Care Service</p>	<p>Christine received five nominations, which all highlight her willingness to go “above and beyond” to meet the needs of palliative care clients. Her service is prompt and sympathetic, but further, she often identifies problems and gaps in service delivery beyond her remit, ultimately improving the outcomes for the client and their family/carer.</p>
<p>Palliative Care Education Award To recognise the most innovative and outstanding palliative care education program presented within South Australia</p>	<p>Ms Lenore de la Perrelle Manager, Dementia Learning & Development Unit, ACH Group <u>Joint winner</u></p>	<p>Lenore has led a project to develop a best practice model of care for people with dementia. A resource for people with dementia, their families and carers, has been developed, drawing on the collective knowledge and experiences of a collaboration involving clinical, aged care and consumer perspectives. A best practice framework, training program and implementation resource kit have also been developed, based on the National Standards.</p>
	<p>Ms Peta Jackson Senior Project Officer, Aboriginal PEPA Project, SA Health <u>Joint winner</u></p>	<p>Peta developed and delivered the Program of Experience in the Palliative Approach (PEPA) to Aboriginal communities in SA. She successfully engaged Aboriginal communities enabling her to effectively coordinate palliative care placements and training for aboriginal health workers. Her pioneering work is now being used as a model by other Australian states and territories.</p>